



## Syllabus

### PSY 235 Personality Psychology

#### General Information

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**Date** May 13th, 2024

**Author** Matthew Holla

**Department** Social Science

**Course Prefix** PSY

**Course Number** 235

**Course Title** Personality Psychology

#### Course Information

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**Catalog Description** This course considers the concept of personality from three vantage points: (1) the aspects of being human that we all share; (2) the characteristics that we share with some – but not all – other people; and (3) the unique personal attributes that set us apart from everyone else. Major theories of personality will be reviewed, including the trait, biological, psychoanalytic, humanistic, and cross-cultural approaches. In addition, various strategies for assessing personality will be discussed. Finally, the relevance of personality psychology within larger social, organizational, and global contexts will be considered.

**Credit Hours** 3

**Lecture Contact Hours** 3

**Lab Contact Hours** 0

**Other Contact Hours** 0

**Grading Scheme** Letter

#### Prerequisites

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PSY 100

#### Co-requisites

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None

#### First Year Experience/Capstone Designation

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**This course DOES NOT satisfy the outcomes applicable for status as a FYE or Capstone.**

## **SUNY General Education**

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**This course is designated as satisfying a requirement in the following SUNY Gen Ed categories**

None

## **FLCC Values**

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**Institutional Learning Outcomes Addressed by the Course**

Vitality and Inquiry

## **Course Learning Outcomes**

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### **Course Learning Outcomes**

1. Describe the core features for each major theory of personality (e.g., trait, psychoanalytic).
2. Evaluate various strategies for assessing personality to determine their strengths and limitations.
3. Anatomize various aspects of one's own and others' personalities and then apply this awareness to real-world scenarios (e.g., personal relationships, workplace dynamics).

## **Outline of Topics Covered**

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- I. Defining "personality"
- II. Strategies for assessing personality
  - a. Self-report measures
    - i. The NEO personality inventory
    - ii. The Myers-Briggs type indicator
  - b. Projective measures
    - i. The thematic apperception test
    - ii. The Rorschach inkblot test
  - c. Observational and other naturally occurring methods of assessing personality
- III. Major theories
  - a. Trait approach
  - b. Biological approach
  - c. Psychoanalytic approach
  - d. Humanistic approach

- e.** Cross-cultural approach
- IV.** Relevance of personality to learning, cognition, motivation, and emotion
- V.** Application of course material to relationships, workplaces, and physical and mental health